



24/7 EATS

SNACKS

BANANA BREAD	4 ⁰⁰
CHIPS	1 ⁷⁵
CHOCOLATE BARS	2 ⁵⁰

APPIES & SIDES

 MAC N' CHEESE BITES	7 ⁰⁰
 VEGETABLE SPRING ROLLS	8 ⁵⁰
 POUTINE	10 ⁵⁰
CHILI CHEESE FRIES	10 ⁵⁰
DRY RIBS	14 ⁰⁰
BUTTER CHICKEN POUTINE	14 ⁵⁰
BREADED CHICKEN WINGS	16 ⁵⁰
HOT SAUCE OR SALT & PEPPER	

BASKETS

 FRENCH FRIES	7 ⁰⁰
 SWEET POTATO FRIES	7 ⁵⁰
CHIPOTLE AIOLI	
 ONION RINGS	7 ⁵⁰
 TRUFFLE FRIES	9 ⁵⁰
TRUFFLE, PARMESAN, RELISH AIOLI	

SOUP & SALADS

 SOUP OF THE DAY	7 ⁵⁰
 CHILI	10 ⁵⁰
SOUR CREAM, GARLIC TOAST	
CAESAR SALAD	12 ⁰⁰
ROMAINE, PARMESAN, CROUTONS, CAESAR DRESSING	
 SOUTHWEST SALAD	14 ⁰⁰
SPRING MIX, BLACK BEANS, CORN, TOMATO, RED ONION, TORTILLA CHIPS, SHREDDED NACHO CHEESE, CHIPOTLE RANCH DRESSING	
HOUSE SALAD	14 ⁰⁰
SPRING MIX, CHERRY TOMATO, CUCUMBER, BOILED EGG, PEPPERS, FETA, ITALIAN DRESSING	
ADD CRISPY OR GRILLED CHICKEN +\$6	

MAINS

CHICKEN TENDERS WITH FRIES	15 ⁰⁰
CHICKEN TENDERS, FRIES, HONEY MUSTARD	
PESTO CHICKEN QUESADILLA	15 ⁰⁰
CHICKEN, CRANBERRY, CHEESE, PESTO, CORN TORTILLA	
FISH & CHIPS	18 ⁰⁰
BEER BATTERED HADDOCK 8.5OZ, TARTAR SAUCE	

HAND HELDS

SERVED WITH FRIES

THE BIG BLT SANDWICH	13 ⁵⁰
BACON, LETTUCE, TOMATO, MAYO, CHOICE OF WHITE/WHOLE WHEAT BREAD	
 BLACK BEAN VEG BURGER	14 ⁰⁰
BLACK BEAN PATTY, LETTUCE, TOMATO, MAYO	
PARQ CHEESEBURGER	14 ⁵⁰
5oz BEEF PATTY, CHEDDAR CHEESE, TOMATO, LETTUCE, BURGER SAUCE, BRIOCHE BUN	
GRILLED CHICKEN SANDWICH	14 ⁵⁰
CHICKEN, CHEDDAR CHEESE, TOMATO, LETTUCE, MAYO, BRIOCHE BUN	
TURKEY CLUBHOUSE SANDWICH	15 ⁵⁰
TURKEY, CHEDDAR CHEESE, BACON, TOMATO, LETTUCE, PESTO MAYO CHOICE OF WHITE/WHOLE WHEAT BREAD	
PARQ DELUXE CHEESEBURGER	16 ⁰⁰
5oz BEEF PATTY, CHEDDAR CHEESE, TOMATO, LETTUCE, BACON, MUSHROOM, ONION RINGS, BURGER SAUCE, BRIOCHE BUN	
NASHVILLE CRISPY CHICKEN SANDWICH	16 ⁰⁰
BREADED CHICKEN BREAST, COLESLAW, PICKLES, NASHVILLE SAUCE, MAYO	

PANINIS

SERVED WITH A PICKLE SPEAR

HAM & SWISS CHEESE	12 ⁵⁰
SWISS CHEESE, DIJON MUSTARD	
TUNA MELT	12 ⁵⁰
TUNA, CELERY, RED ONION, CHEDDAR CHEESE, MAYONNAISE	
CHICKEN CAESAR	12 ⁵⁰
CAESAR, BACON, PARMESAN CHEESE	
 VEGETABLE DELUXE	12 ⁵⁰
MUSHROOM MEDLEY, CHERRY TOMATO, RED ONION, BALSAMIC GLAZE, FETA	
TURKEY CRANBERRY	12 ⁵⁰
CRANBERRY, MAYONNAISE, TURKEY, TOMATO, ARUGULA	

ALL-DAY ALL-NIGHT BREAKFAST

BREAKFAST SANDWICH	8 ⁰⁰
BRIOCHE, EGG, CHOICE OF MEAT, CHEDDAR CHEESE, MAYONNAISE	
BREAKFAST BOWL	10 ⁵⁰
HASHBROWN, SCRAMBLED EGG, CHOICE OF MEAT, CHEESE BLEND, TACO SEASONING	
BREAKFAST WRAP	11 ⁵⁰
TORTILLA, EGG, TOMATO, SPINACH, RED ONION, CHOICE OF MEAT, CHEESE BLEND	
PARQ OMELETTE	13 ⁵⁰
HASHBROWN, EGG, CHEESE BLEND, 3 CHOICES OF SPINACH, TOMATO, RED ONION, MUSHROOM	
PARQ BREAKFAST	14 ⁰⁰
HASHBROWN, 2 EGGS OF CHOICE, 2 TOAST OF CHOICE, CHOICE OF MEAT	



VEGETARIAN

VEGAN

PLUS APPLICABLE TAXES

To comply with City of Vancouver by-law requirements, we charge a minimum of \$0.25 fee for paper bags.